



"ZERO WASTE STARTER CHECKLIST"

SHOPPING



- ☐ REUSABLE GROCERY BAGS (COTTON/JUTE/TOTE)
- ☐ REUSABLE PRODUCE BAGS (MESH OR CLOTH)
- ☐ BULK JARS/CONTAINERS (GLASS, STAINLESS STEEL, OR REPURPOSED JARS)
- ☐ SHOPPING BASKET OR STURDY BOX

ON-THE-GO



- ☐ STAINLESS STEEL / GLASS WATER BOTTLE
- ☐ TRAVEL MUG OR THERMOS
- ☐ REUSABLE CUTLERY SET (FORK, SPOON, CHOPSTICKS)
- ☐ REUSABLE STRAW (STAINLESS STEEL, BAMBOO, SILICONE)

AT HOME



- ☐ COMPOST BIN (INDOOR OR OUTDOOR)
- ☐ REFILLABLE CLEANING SPRAY BOTTLES
- ☐ CLOTH NAPKINS INSTEAD OF PAPER TOWELS
- ☐ GLASS STORAGE JARS

BATHROOM



- ☐ BAMBOO TOOTHBRUSH
- ☐ BAMBOO TOOTHBRUSH
- ☐ REFILLABLE HAND SOAP OR BODY WASH DISPENSER
- ☐ NATURAL DEODORANT (DIY OR ECO-BRAND)

